

<p style="text-align: center;"><b>Mental Health Planning Council</b> <b>Child and Family Committee Meeting Notes - July 6, 2007</b></p>
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**Members Present:** Kelly Jones Nguyen, Libby Jones, Gail Cormier, Diann Irwin, Teresa Dais, Terri Shelton, Sheila Wall-Hill, Laura Elmore

**Staff:** Susan E. Robinson, Child Planner

**Guests:** Maria Fernandez, QM Team, Kelly Crowley, PEI Team, Jennifer Rothman, Young Families Network, NAMI/NC

Handouts included:

- Meeting Agenda
- Child and Family Committee May meeting minutes for approval
- A 2 page summary of the SFY07 Adult and Child indicators and criterion (national outcomes list and the new items that must be addressed this year – table 4, social connectedness and improved functioning.)
- A 3 year data trends summary for all Plan indicators/measures for each criterion
- Year to Date NCTOPPS (North Carolina Treatment Outcomes and Program Performance System) and consumer satisfaction child data on indicators
- An outline of the FY08 Plan prescribed by CMHS
- Data tables and consumer satisfaction questions from the SFY07 Report
- A worksheet for SFY08 Plan for member use as a guide for meeting discussion
- A copy of the final state plan reviewed in draft form at the May meeting

**Introductions and Agenda:** Kelly Jones, Chair, opened the meeting with introductions. Sheila was called by phone to be included in the meeting. Kelly indicated some members sent regrets and could not attend. Kelly asked members to sign in and update their contact information on the membership list and return to Susan. Diann introduced Teresa Dail from DPI who will serve as Diann's designee.

**May minutes:** Members reviewed and approved. Full Council approval of minutes will be on the August 3 meeting agenda.

**Agenda:** Kelly stated the primary purpose for this meeting is to work through the Plan elements required, including indicators, data trends, identify strengths, needs and achievements as well as a transformation indicator

**Child Data Trends:** Maria Fernandez provided a review of the measures for the indicators in the Plan and reviewed the 3 year trends data. Members discussed questions and attributes to outcomes noted. Year to date NC TOPPS info was also reviewed as a way for the committee to see what the potential trend for 9 months of data was revealing. After some discussion, it was decided that more analysis on some of this 9 month data would be needed prior to the final report for SFY 07. For the group's purpose today, the data helped members agree on reasonable targets for the indicators for the FY08 Plan. Additional data sources were considered for current indicators as well.

Diann stated that the recommendations from the committee's review of the NCTOPPS tools last year (changing some of the questions) made the tool more relevant for capturing information needed. Maria state the Division's Quality Management Team was happy to get these comments and will look

to the committee for additional comments and recommendations for future revisions. The Quality Management Team indicated that only minor changes can be made this year for July 1, 2007 implementation. More in depth changes could be done for next SFY 09. Maria asked members to continue to consider the following questions to help the division in collecting and reporting the data: What does the data reported from the NCTOPPS tell us about the children/youth served?; Based on the data report, what questions do we have about the data reported, results, additional look at the data?; and How can we use this data in the Block Grant Plan?.

Susan reviewed the list of consumer satisfaction questions that are designated for data collection for specific indicators. She noted that CMHS clarified that the state could use some of the same items to address the two developmental national outcome measures (increased social connectedness and improved family functioning). Members agreed this would be appropriate if we chose to report on these or at least state our proposed method for reporting on these that would begin in the future.

**Strengths, Needs and Achievements:** Committee members reviewed the FY07 report, 3 year state plan and added additional points to consider as strengths, needs and achievements were identified. It was noted that some of the same achievements noted in the FY07 report should also appear in the FY08 Plan since the state and federal years overlap and some of the areas identified and initiatives for system transformation and change will be ongoing, facing similar challenges and building on strengths from one year to the next. In particular strengths as well as achievements identified regarding transformation efforts included the following: 1) Implementation of Evidenced Based Practices (EBP). Possible measures: # children receiving EBP services, # of providers endorsed to provide EBPs, such as MST and Therapeutic Foster Care); # of trainings provided to expand implementation of EBPs statewide; 2) increased opportunities for consumer/family involvement in PCPs through Child and Family Teams Measure source: NCTOPPS and LME performance reports; and 3) Decrease stigma Possible measures sources for Divisions of Public Health and Social Services and Department of Public Instruction where common outcomes are shared and measured.

Priorities for the next year for the child and family committee recommendations to the Council include in priority order:

- Workforce development for providers
- Consumer and family involvement in workforce development at all levels, as developers, trainers, participants at the state, regional and community levels. In particular, helping families learn how to choose a provider and providers understanding informed consent and decision-making.
- Peer support for family and youth, especially those in youth in transition and for families with preschool and working with schools on behalf of their school age children.

Kelly asked members to consider these priorities as recommendations are made to the Division for use of the \$441,000 increase in block grant funding. In addition, Kelly asked if the committee thought developing a council newsletter (short-no more than 2 pages to begin with) would be something to recommend as an activity for the Council in the next year. Members agreed to make this recommendation from the committee to the Council.

Kelly closed the committee meeting by thanking the group for their attention and active participation to complete all the work needed for developing the Plan. Travel forms were collected and minutes will be forthcoming prior to the next Full Council meeting on Friday, August 3, 2007 at the same location from 10-3.